



ROBERTS FAMOUS LIGHT CHICKEN SALAD

1/2 the fat and 3/4 the calories of our regular chicken salad

NET WT. 14 oz (397 g)



Nutrition Facts

About 4 servings per container

Serving size 1/2 Cup (99g)

Calories per serving **230**

Amount/serving	% Daily Value*
Total Fat 10g	13%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 95mg	32%
Sodium 380mg	17%

Vitamin D 0mcg 0% • Calcium 7mg 0% • Iron 1mg 6% • Potassium 593mg 15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount/serving	% Daily Value*
Total Carbohydrate 7g	3%
Dietary Fiber 0g	0%
Total Sugars 4g	
Includes 4g Added Sugars	8%
Protein 28g	

INGREDIENTS: SEASONED CHICKEN (CHICKEN BREAST MEAT, WATER, DEHYDRATED GARLIC, SPICE, IODIZED SALT [SALT, SODIUM SILICOALUMINATE, DEXTROSE, POTASSIUM IODIDE]), LIGHT MAYONNAISE (WATER, SOYBEAN OIL, MODIFIED FOOD STARCH [CORN, POTATO], SUGAR, DISTILLED VINEGAR, WHOLE EGGS, EGG YOLKS, SALT, LEMON JUICE CONCENTRATE, SORBIC ACID [TO PROTECT QUALITY], CALCIUM DISODIUM EDTA [TO PROTECT QUALITY], NATURAL FLAVOR, PAPRIKA EXTRACT, VITAMIN E), SWEET CUCUMBER CUBES (CUCUMBERS, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, VINEGAR, WATER, SALT, XANTHAN GUM, SODIUM BENZOATE [PRESERVATIVE], CALCIUM CHLORIDE, ALUM, NATURAL FLAVORS, POLYSORBATE 80, YELLOW 5, MALTOL), PIMIENTOS (PIMIENTOS, WATER, CITRIC ACID), CELERY. **CONTAINS: EGGS.**

KEEP REFRIGERATED

THIS PRODUCT CONTAINS 10g OF TOTAL FAT AND 230 CALORIES; OUR REGULAR CHICKEN SALAD CONTAINS 29g TOTAL FAT AND 420 CALORIES PER SERVING.

Distributed by: Roberts Market
Wrightsville Beach, NC 28480
910-617-6818



NO PRINT - GAP AREA